

pumpspotting



Announcing pumpspotting for working parents!

More than ever, we are committed to providing the total rewards that not only compensate, but support, our employees at every stage of life. To that end, we are thrilled to announce a new benefit:

pumpspotting.

pumpspotting is a mobile app that amounts to a comprehensive breastfeeding support program.

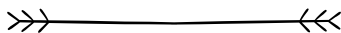
In pumpspotting, you'll have direct access to:

- IBCLC-Certified lactation consultants.
- A large community of new parents, as well as an exclusive community of parents working for the State of Maine and affiliates.
- Places to pump and nurse, locally and around the globe.
- Guidance that's customized to support your unique journey.

When you're ready to embark on your breastfeeding journey:

1. Download the app on your mobile device
2. Use this access code: **1MEpump207**

We're committed to helping growing families achieve their baby-feeding goals, so whether you are breastfeeding, pumping, formula feeding, or mixing it up, we are providing you and your spouse/partner full access to pumpspotting and all of its features.



For more information on this program or for help signing up, please reach out to the Office of Employee Health and Wellness.

Phone: (207) 624-7380

TTY: Dial Maine Relay 711

Email: Info.Benefits@maine.gov

